

City of Kingman Fire Department
Fall 2010
FREE American Heart CPR &
Continuous Compression CPR Class Schedule

October 9, 2010

HEALTHCARE PROVIDER CLASS/CCC	Start 7:45 a.m. – 12:45p.m.
HEARTSAVER/CCC/AC <u>AED optional</u>	Start 1:15 p.m. – 5:00 p.m.

October 23, 2010

HEARTSAVER/CCC/ACI <u>infant optional</u>	Start 7:45 a.m. – 11:45 a.m.
HEALTHCARE PROVIDER CLASS/CCC	Start 12:15 p.m. - 5:30 p.m.

November 13, 2010

HEALTHCARE PROVIDER CLASS/CCC	Start 7:45 a.m. - 12:45 p.m.
HEARTSAVER/CCC/AC <u>AED optional</u>	Start 1:15 p.m. – 5:00 p.m.

November 27, 2010

HEARTSAVER/CCC/ACI <u>infant optional</u>	Start 7:45 a.m. – 11:45 a.m.
HEALTHCARE PROVIDER CLASS/CCC	Start 12:15 p.m. - 5:30 p.m.

December 11, 2010

HEARTSAVER/CCC/ACI <u>infant & AED optional</u>	Start 7:45 a.m. – 11:45 a.m.
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December 18, 2010

HEARTSAVER/CCC/ACI <u>infant optional</u>	Start 7:45 a.m. – 11:45 a.m.
HEALTHCARE PROVIDER CLASS/CCC	Start 12:15 p.m. - 5:30 p.m.

FREE classes are held in the City Complex (Water Dept., City Hall) ground level Oak Street entrance Fire Department Training Room at 310 N. Fourth Street, Kingman Arizona.

Call **(928)753-2891** to register for your class.

Schedule is also posted on the City web site www.cityofkingman.gov fire department area.

Classes occur on Saturdays with an 8 student maximum per class. Length of class is approximate. There are no late starts. Companies and organizations are limited to three seats per class. Bring something to kneel on. Wear little to no make-up or perfume. Wear workout type clothing. Bring a hair tie to hold back long hair. If you are sick, please reschedule. The practical part of class is rigorous with a minimum two minutes of compressions required; if you have any health concerns please obtain a doctor's approval to attend the class.